

High School Beverage Restrictions Effective July 1, 2009

Please remember that full compliance with the state law imposing beverage restrictions in public, non-charter high schools is required on July 1, 2009.

Education Code (EC) Section 49431.5 (Senate Bill 965, Escutia) specifies restrictions for all beverages sold to students outside of the reimbursable meal program (such as student stores, vending machines, fundraisers, or food service a-la-carte sales). According to EC Section 49431.5 between July 1, 2007 and June 30, 2009 only 50 percent of the beverages sold to students on a high school campus must comply with the restrictions.

Please note: As of July 1, 2009, from one-half hour before to one-half hour after the school day, **the only beverages allowed for sale to students outside of the federally reimbursable meal program on a high school campus are:**

- Fruit-based drinks that are composed of no less than 50 percent fruit juice and have no added sweetener
- Vegetable-based drinks that are composed of no less than 50 percent vegetable juice and have no added sweetener
- Drinking water with no added sweetener
- Two-percent-fat milk, one-percent-fat milk, nonfat milk, soy milk, rice milk, and other similar nondairy milk
- An electrolyte replacement beverage that contains no more than 42 grams of added sweetener per 20-ounce serving

For additional information on competitive beverage and food restrictions (i.e., foods and beverages sold outside of the federally reimbursable meal program) please visit our Web site at <http://www.cde.ca.gov/ls/nu/he/compfoods.asp>.