

SUMMARY OF ENACT PRIORITIES, TARGET STATUS AND KEY ACTIVITIES TO RAISE STATUS.

CHILD CARE/PRESCHOOL FOOD AND ACTIVITY ENVIRONMENTS					
PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
1	Provide regular opportunities for physical activity and play.	LCOE	4	No change.	Lesson plans will require an appropriate play-based learning game that incorporates moderate to vigorous physical activity.
2	Adopt nutrition standards for healthy meals, snacks and beverages.	LCOE	4	9 out of 14 preschool programs will be provided low fat and low sugar breakfasts. Each child will be offered fresh fruit on a daily basis, milk and a grain/bread item.	Child Care Food Program (CCFP) Asst. is enrolled in nutrition training course incl Admin for Nutritional Meals and Snacks, Menu Records incl monitoring meal patterns.
5	Adopt educational materials that contain positive references to healthy food and avoid those that endorse products such as fast food or cookies.	LCOE	3	CATCH curriculum to be ordered; staff to be trained in its implementation.	Staff training of use of new CATCH nutrition curriculum.
6	Provide training to staff to lead activity sessions, prepare healthy food options and model positive eating and activity behaviors.	LCOE	3	CATCH curriculum to be ordered. Staff to be trained in its implementation. Staff will provide activities that support physical activity and healthy eating through CATCH curriculum.	Staff training of use of new CATCH nutrition and physical activity curriculum.
7	Serve water to drink; clean sources of tap water and/or working water fountains.	LCOE	5	No change.	No change.

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SCHOOL ACTIVITY ENVIRONMENTS

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
5	Provide various physical activity options that reflect the interests and diversity of program attendees (from team sports to dancing and in-btwn).	LCOE	3	No change. All programs currently have 1/3 of day scheduled for free choice which includes opportunities for gross motor play.	Lesson plans will require a learning game that will include an appropriate play-based game with moderate to vigorous physical activity.
6	Open school facilities before and after school for use by students, staff and neighborhood.		0		

SCHOOL FOOD ENVIRONMENTS

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
2	Adopt nutrition standards for snacks, vending machines, and a la carte food and beverages.	MUSD	2	Improve status to 3.5. Slow training with staff and students regarding tasty = healthy mandated by wellness policy.	
		KUSD	5		
3	Provide training and support to food service and other relevant staff to meet nutrition standards and prepare healthier meals.	MUSD	2	Improve status to 3. Raise awareness; improve their skills and self confidence.	Encourage everyone to take classes, servsafe training.
		KUSD	3	Improve status to 5. Annual training for new policies and new food products implemented.	Continue annual training for new policies and new food products.

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	LCOE	3	Implement the CATCH nutrition and physical activity training in all programs.	CATCH training for staff.	
6	Institute a farm-to-school program to incorporate fresh, local produce into school meals while teaching children about local agriculture.	MUSD	1	Improve status to 3. No program in place; to start Sept. 2008.	Training staff to work with teachers.
	KUSD	1	Improve status to 3. In the planning stage; have made strong contacts.	Build on strong contacts. Work through availability of products offered.	
	LCOE	2	No change unless agreements can be made with local farmers that fit our budget. Cannot afford farm-to-school produce programs.	Participation in community gardens.	
7	Serve water to drink; clean sources of tap water and/or drinking fountains.	MUSD, KUSD, LCOE	5	No change. Free drinking water available both inside and outside.	None needed.

AFTER-SCHOOL FOOD AND ACTIVITY ENVIRONMENTS

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.
1	Provide time to engage in a variety of physical activity options.	Ameri-Corps	2- Improve status to 3+. Power Play presented at 3 of 6 after-school programs.	Find new Americorps members. Increase Power Play experience.

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	LCOE	4	Lesson plans provide physical activities which promote children's enjoyment and participation in moderate-to-vigorous fun physical activities.	Implementation of CATCH Physical Activity training.	
4	Eliminate marketing on unhealthy foods on site, incl vending machines, posters and other print materials.	LCOE	0	No change. No unhealthy foods are marketed at site.	Implement nutrition components for healthy snacks through CATCH.
5	Provide training to staff to lead activity sessions, select healthy foods and model positive eating and activity behaviors.	LCOE	3	No change. State standards already met.	Implement CATCH training.
6	Serve water to drink; have clean sources of tap water and/or working water fountains.	LCOE	5	No change. Current system meets state requirements.	None.

NEIGHBORHOOD ACTIVITY ENVIRONMENTS

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.
1	Complete the sidewalks and streets to support walking and biking in all (pilot) neighborhoods.		0	
4	Maintain and develop programming and facilities (including park programs) for active play and recreation.		0	

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NEIGHBORHOOD FOOD ENVIRONMENTS					
PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
6	Establish accessible Farmers' Markets or farm stand programs in underserved areas.	County Admin.	3		County will support groups and nonprofits who want to explore alternative markets.
7	Promote and establish community gardening initiatives.	County Admin.	2	Improve status to 3.	Secure locations, explore water and land use issues.
		LCOE	3	Where school gardens are in place, we participate.	Continue to support school gardens.

WORKPLACE FOOD AND ACTIVITY ENVIRONMENTS					
PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
1	Reimburse employees for preventive health and wellness activities.	County Admin.	1	No change. No budget for wellness activities.	Progress would require funds, not anticipated to be available.
		CFHC	1	No change. Does not exist at current time.	Will continue to explore wellness incentives in health plan.
2	Support ability to breastfeed at work by providing a comfortable, private space for employees without offices.	Health Dept.	5	No change. Relaxation room available to lactating employees and members of the public.	No additional activities necessary to maintain existing facility.
		CFHC	4	No change due to space issues on some of smaller campuses.	

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3	Provide healthy food options for employees during the workday and at all meetings.	Health Dept.	3	Improve status to 4. Currently offer mix of healthful foods (fresh fruit) as well as pastries at functions where snacks are provided.	Will gravitate toward more healthful selections, balancing idea choices with expectations of attendees.
		CFHC	4	Improve status to 5.	New food vendor in place by end of May.
4	Establish healthy nutrition standards for all cafeteria meals and vending machines.	Health Dept.	4	N/A. No vending machines or cafeteria available.	
		CFHC	4	Improve status to 5.	New food vendor in place by end of May.
7	Provide water to drink.	Health Dept.	5	No change. Unlimited tap water available. Refrigeration and ice available in kitchen. Bottled water provided on selected occasions.	
		CFHC	5	No change. Already available as required by law.	

HEALTHCARE: INFLUENCING PATIENT BEHAVIOR

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
1	Encourage regular physician communication and brief counseling regarding activity and eating habits, breastfeeding.	Health Dept.	3	Improve status to 4. Brief communication about eating and physical activity included in CHPD and women's health visits.	Increase awareness among practitioners to enhance and better structure these communications.

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	Tribal Health	4	Improve status to 5. Strong programs in place.	Increase gym sign-ups and awareness with trainer; 1:1 counseling-Diet; Weight Watcher class offered 1X/week.	
	CFHC	3	Improve status to 4. OB and diabetes patients receive this counseling regularly. Peds in Denise's program also.	BMI training to medical staff 5/30/08.	
	WIC	5	No change. WIC requires annual monitoring of iron status which brings children to physicians for well-child check-ups. Clients counseled 4X/year to promote healthy eating and exercise habits. All pregnant women counseled about why bf is important. We provide education and support services throughout the pregnancy and post partum period.		
2	Adopt standards of practice that include screening of all patients regarding physical activity and eating behavior.	Health Dept.	3	Improve status to 4. Height and weight routinely included in CHDP examinations.	Increase emphasis on BMI measurements and counseling associated with weight/activity. Provide appropriate clinical training and tool.
	Tribal Health	4	Improve status from 4 to 5. Strong programs in place.	Children physical activity/diet could improve with 1:1 clinic counseling.	
	CFHC	5	No change. Preventive health program works with pediatricians to screen all children.		

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		WIC	5	No change. Screenings are done at the time of enrollment and repeated ever 6 mos. The screening includes questions about activity levels, "screen time" and eating behaviors.	
5	Promote baby-friendly hospital policies to increase the rates of mothers who initiate and continue to breastfeed their infants.	WIC		"Baby Friendly" certification is discussed with pregnant women during breastfeeding classes. Staff education is done monthly including an annual discussion of "Baby Friendly" certification. WIC sponsors annual luncheon for OB nurses at both hospitals to promote "Baby Friendly" hospitals.	
		Tribal Health		N/A. We do not have an OB or pediatrician at the clinic. We rarely see mothers and babies.	Encourage BF visits with well-child visits/education when they do come to the clinic.

HEALTHCARE FOOD AND ACTIVITY ENVIRONMENTS

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
1	Health providers who "walk the talk" by making changes themselves will feel more comfortable advocating healthy behaviors with patients.	Health Dept.	3	Improve status to 4. Staff voluntarily engaged in walking activities, aerobics classes, and sensible eating habits due to self-awareness of the value of fitness.	Promote healthful recipes by posting in employee break room.
		CFHC	2	Improve status to 3. New Smoke-Free Task Force formed. Exercise equipment available to staff.	Smoke Free Task Force will have policies in place.

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	Tribal Health	4	Improve status to 5. Programs in place.	Increase involvement in gym and weight.	
2	Invest in making healthy foods available to staff, patients and surrounding community.	Health Dept.	3	Improve status to 4. Healthful selections are included when snacks are provided to employees and at community functions.	Continue to work toward gradually healthful nature of foods offered at functions to increase acceptability of these foods.
3	Establish healthy nutrition standards for all cafeteria meals and vending machines.	Health Dept.	0	Health Dept. does not have vending machines or cafeteria.	
8	Enhance staff and community access to fresh produce by establishing accessible Farmers' Markets for farm stand programs.	MUSD	0	Focus currently is new menus via new vendor.	

HEALTHCARE: INFLUENCING POLICY

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
2	Participate in the public policy process to highlight the need for community changes to improve eating and activity habits.	Health Dept.	3	Improve status to 4.	Increase participation in this committee and expand emphasis on health aspects of built community.
		MUSD	2	No change. Involved in HLN. Exec leadership involved in community.	
		Tribal Health	4	Improve status to 5. Positive community bonding and involvement.	Participate in community meetings and activities.

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5	Join/partner with Strategic Alliance and local coalitions.	Tribal Health	4	Improve status to 5. Positive community bonding and involvement.	Participate in community meetings and activities.
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GOVERNMENT PRACTICES

PRIORITY	AGENCY	ORG STAT	TARGET STATUS IN 6 MONTHS	KEY ACTIVITIES TO RAISE STATUS.	
1	Adopt worksite policies for healthy food and physical activity environments.	Health Dept.	3	Improve status to 4. Currently maintain work site garden and promote walking breaks as well as participation in fundraising events that involve physical activity.	Formalize described approach in written policy.
		County Admin.	3	No change. County government as a whole.	Direction by BOS and meet/confer with union. Public funds cannot be used for food purchases.
3	Provide training on factors that impact eating and activity to:	Health Dept.	3	Improve status to 4. PHN/Nutritionist conducts well-attended weekly diabetes support groups.	Enhance educational efforts by publishing healthful recipes in break room, employee newsletter, various community centers (senior centers, clinics, etc).
	a) Internal health/public health staff;				
	b) Key government agencies and elected officials;	CFHC	3	Hospital MDs and staff volunteer their time in a wellness program.	
	c) Community-based organizations.				