

HEALTH LEADERSHIP NETWORK
FARM-TO-SCHOOL/CATCH WORKGROUP
JUNE 3, 2010

In attendance: Michelle Malm, Kelseyville Unified School District; Wendy Kriege, Master Gardeners; April Cunningham, NCO Head Start; Cindy and Maya Leonard, Cobb Elementary School; Marla Peterson, Konocti Unified School District; Tammy Alakszay, LCOE/Americorps; Susan Jen and Jackie Armstrong, Health Leadership Network.

CATCH UPDATE. Susan reported that a CATCH booster training for teachers, food service directors/staff, principals, superintendents, school nurses and parents has been scheduled for Thursday, August 12, 2010, in the Kelseyville High School Cafetorium. Tammy is accepting sign-ups.

Tammy reported that she is still trying to get CATCH program data from teachers. Most of what she has collected is from after-school programs. Marla added that she and Tammy will be doing another CATCH/PowerPlay demo at Burns Valley Elementary School at 12:30 on Monday, June 7, and that media releases have been gathered so the session can be videotaped by a Carle High School student.

SCHOOL WELLNESS CENTER. Susan reported that Konocti Unified School District is moving forward with construction of a School Wellness Center. In addition to the weight room, there will be counseling programs and a clinic if proximity considerations can be arranged with the Clearlake Family Health Clinic. Susan suggested that the new center represents an opportunity for HLN to augment physical activity offerings and perhaps introduce a nutrition component. Marla mentioned that the site kitchen could be available for cooking demos or classes after 2 p.m.

WELLNESS POLICIES. Michelle said that the Kelseyville Unified Superintendent plans to put together a committee to review the District's Wellness Policy, make sure it's being followed, see what's changed, etc. As far as vending machine content, she said they had theirs removed from the high school because even the healthier choices were less healthy than the foods offered in the Cafetorium and because the vending machines were perceived as competing with the Food Service program.

Marla said that they transitioned away from the snack bar operation at Konocti Unified by offering snack bar foods for meals and then gradually replacing those items with healthier foods. She said they also send home flyers every year reminding parents that only healthy snacks can be served at classroom parties.

Cindy said that some Cobb Elementary School parents have been trying to reopen a salad bar using produce from the school garden. She said the Middletown Unified Food Services Director told them that she couldn't use the school produce because of federal laws. Marla and Michelle confirmed that produce from school gardens can be used in classroom activities but probably not incorporated into district meal programs. Michelle added that she stopped using their salad bar because too many kids

were filling their plate with just sunflower seeds or just carrots so there was no way she could control the nutritional value of the meals.

There was unanimous support for Susan's suggestion to ask Gail Feenstra to make a public presentation regarding Farm-to-School programs and issues such as school gardens, standard pack requirements, etc.

The next meeting will be Thursday, September 2, 2010. Meeting adjourned at 4:15 p.m.