

HEALTH LEADERSHIP NETWORK
FARM TO SCHOOL WORKGROUP
FEBRUARY 10, 2011

In attendance: Michelle Malm, Kelseyville Unified School District; Cindy Leonard, Cobb Elementary School parent; Marla Peterson, Konocti Unified School District; Susan Jen and Jackie Armstrong, Health Leadership Network.

1772 FOUNDATION. Susan reported that she submitted a letter of intent for a promotional rather than coordinator position at Kelseyville Unified because a discreet project was more closely aligned with one-time funding. She said she outlined the project to include making connections with District board members, teachers, parents, garden volunteers and farmers as well as mentoring other districts to develop their own Farm to School program. Michelle said that all District departments have been asked to recommend budget cuts based on a State Budget "worst case scenario."

USDA REVIEW. Marla reported that two USDA representatives have spent the last two weeks in the District offices reviewing entitlement program records, including verification of 1,000 applications. In response to Jackie's question about the status of the District's summer meal delivery program, Marla said that the USDA will require staff to contain and watch children eat the 500-600 daily meals.

COBB ELEMENTARY PROGRAM. Cindy reported that the Garden Club was now divided into two groups, one attending to the garden and the other supporting cafeteria projects. She said the cafeteria group is washing veggies and preparing composed salads every Wednesday. They also schedule food samplings, most recently celery root soup.

Regarding the Recipes for Healthy Kids Challenge, Cindy said that she needed to add grated carrots and whole grain saltines to their Local Cobb Salad recipe to achieve the required minimum calories without adding sugar or fat. She added that the next step in the Challenge is that the top ten recipes in each of three categories will be selected...?

Cindy said that she is also attempting to participate in the Health U.S. School Challenge which requires submitting 4 weeks of school menus that meet specific nutritional standards. She said her goal was to earn a bronze award since silver requires production records. Marla suggested asking Donna Bowen to provide the nutrient analysis per portion.

Cindy also reported that Cobb Elementary had received the \$1,500 grant to rehabilitate the greenhouse and raised \$6,400 at this year's Moore Winery Crab Feed. She explained that the Cobb Elementary volunteers work as servers at the event and organize a dessert and silent auctions. Because this year's event was twice as successful as previous years, there will be sufficient money to both pay classroom aides and hire a garden educator/coordinator. Michelle and Marla suggested that it might be less complicated to post the position as a kitchen or teacher's aide rather than submitting a new position for consideration by the union.

Finally, Cindy reported that she got a lot of valuable information at the USDA sponsored Life Lab Fruit & Veggie Workshop held in San Rafael this past December. Her reward for bringing a copy of the school's Wellness Policy was a set of beautiful food photo cards.

The meeting was adjourned at 4:45 p.m.