

Health Policy Cabinet Agenda
December 16, 2010 ~ 2:00 – 3:30
Public Health Conference Room

- I. Introductions and Brief review of Policy Cabinet purpose
 - a. How the policy cabinet differs from general HLN meetings
- II. Review Health Needs Assessment Recommendations
 - a. Four general recommendations were identified
- III. Brief snapshot of useful tools in setting an approach to follow-up on the needs assessment
 - a. Social Ecological model, Spectrum of Prevention, previous efforts on protective factors and others that may come to light
- IV. Discussion regarding selection of focus areas/where to put emphasis regarding follow-up among the recommendations
- V. Discussion regarding current efforts that may support follow-up on the assessment's recommendations
- VI. Discussion regarding resiliency
 - a. Research identifies contributors to resiliency as the following:
 - i. Strong relationship with a competent, caring, pro-social adult
 - ii. Normal cognitive development (average or better IQ, good attention skills, and street smarts). When these two are present they sustain normal development in the face of adversity
 - iii. Connections to positive role models
 - iv. Feelings of self-worth and self-efficacy
 - v. Hope and meaning in life
 - vi. Skills and talents valued by self and others
 - vii. Faith and religious affiliations
 - viii. Socioeconomics
 - ix. Good schools and other opportunities to learn or qualify for advancement in society
 - x. Ability to seek out people and environments that are beneficial for healthy development
 - xi. Instead of fixing people, create healthy systems
 - xii. Many times all of these attributes are summed up as (1) caring relationships that provide consistent love and support, (2) high expectations that convey respect, are strength based and provide guidance, and (3) opportunities for participation and contribution