

CATCH Workgroup Meeting Notes

November 5, 2009

Kelseyville High School Cafetorium

In attendance: Ana Santana, Highlands School; Tammy Alakszay, Americorps; Susan Jen and Jackie Armstrong, Health Leadership Network.

I. CATCH Council Meetings

Susan expressed concern that CATCH Councils at the four schools where the program had been implemented were not meeting regularly. The Councils were supposed to consist of the school administrator, food services director, physical education person and teachers who had attended the training. She thought that it was important for the Councils to meet approx. 3 times during the school year to keep everyone motivated and participating. She explained that Tammy was placing an equipment order and that jump ropes, balls, hula hoops, scarves, etc. would be awarded to the most active program sponsors as an incentive to continue and expand the program to other classrooms and grade levels.

In response to Susan asking whether any of the wellness committees continued to meet following development of wellness policies, Tammy said that she knew they were not meeting in Upper Lake and had not heard of any other committees continuing to meet at other campuses.

II. CATCH Status Report

Ana reported that one classroom of fourth graders and one classroom sixth – ninth graders were participating in CATCH at Highlands School and that Salmina planned to establish a baseline BMI for all 176 kids at the school.

Tammy provided the following numbers of students currently participating:

	<u># of</u> <u>Students</u>	<u>Grade</u> <u>Level</u>
Riviera Elementary		4 th & 5 th grade
Middletown Elementary	29	4-5 grade
Cobb Elementary	20	1 st grade
	20	2 nd grade
	33	5 th grade
Upper Lake		3 rd grade
		4 th grade

Highlands School	15	6 th grade
		4 th & 5 th grades
	10-11	6 th – 9 th grades

Jackie will search the CATCH website for evaluation tools that could be used by students and teachers.

Meeting adjourned at 3:30 p.m.