

HLN ADVISORY AGENDA
October 14, 2010
Noon – 3:00

Welcome

1. **The Purpose** for convening: To give consideration to a cross-agency approach focused on addressing community health issues
 - a. Setting the context by sharing a few compelling statistics (that have already been discussed in the community and not to steal thunder of health needs assessment), such as:
 - i. Looking at our present: County Health Profiles ranking – Lake Co 55 / 58 for mortality rate due to death from all causes
 - ii. The death rate due to alcohol and drug use is 2.5 times higher than the state
 - iii. Obesity and other stats: HLN data dashboard from CHIS and other data we are tracking
 - iv. AP: Economic Stress Index –Lake Co 14th most stressed economy of 3, 414 counties nationwide with population over 25,000
 - v. Children’s Council Ace study:
 1. 82% experienced 1 or more of the 10 ACE categories, compared with 66% in the original ACE study
 2. The highest number of ACE responses were living with someone who abused alcohol or drugs (53%); had a sense of abandonment (53%) and/or experienced emotional abuse (48%)
 3. The least dominant responses; domestic violence in the home, neglect, and household member in prison were still about double the national average
 4. In our county 41% of respondents indicated they had experienced 5 or more ACE categories and 60% experienced 3 or more ACE categories vs 20% in the original study
 5. Implications of these scores on health habits: alcohol, illicit drugs, smoking, tobacco, overweight
 - v. Looking at our future: Exposure of next generation children to substances while in utero --- 4Ps results show that overall 72% of pregnant women screened for 4Ps are using some sort of substance prior to pregnancy. In informal discussion with other counties in and outside of CA who are implementing the 4Ps, our county has the highest rates (must consider that our sample is smaller than others because we are just looking at our first data set, but it still is telling). The good news is that women report their substance use decreases substantially once they know they are pregnant. It would be of interest to know if what they learn from 4Ps screening has any influence on that since 95% accept the brief intervention.....Even so, these are the rates of substance use during pregnancy:
 1. During pregnancy about 25% of women smoke cigarettes
 2. About 16% use alcohol
 3. About 17% use marijuana
 4. About 15% use pain meds
 5. There are also women who combine these, with smoking and alcohol being the most common combination
 6. Dr. Chasoff’s workshop will go into more detail
2. **A Proposal** to consider: The Network Development Grant as a viable means to facilitate further discussion of these issues and the development of a cross-agency approach to address them; culminating in an action plan with a handful of outcomes that we would work together to achieve
 - a. Examples of a few things this process might entail; identification of what agencies are already doing to address health challenges, what has been working successfully (screenings, outreach, advocacy, referral strategies, services, model programs, training, implementation of best practices, etc), how these might

be pieced together to create an action plan that builds on our existing efforts as well as identifies where we may have gaps and what is needed to fill them.

- b. Identify root causes to be addressed
- c. Develop a handful of outcomes that we believe can be realistically achieved; for instance development of protective factors, such as resiliency and social connections
- d. Develop a means to link our efforts to specific outcomes
- e. Identify tangible ways that entities would interface with each other to be mutually reinforcing; for instance Public Health and the medical community or the medical community and family services, or the schools and family services, or the schools and the medical community (such as school health centers). Much of this is already happening, but how to optimize the efforts
- f. Develop a means for easy communication and exchange of information across various entities
- g. Develop an on-going means to demonstrate progress so we can show results of our efforts and use these results to attract support for and investment in continuity of these efforts with sustainability that enables the action plan to be implemented according to specified priorities over time.

3. **Participation:** What would it take for your organization to become involved in this kind of endeavor?

- a. What major challenge would you like to see this kind of endeavor address in terms of assisting your agency's mission?
- b. What key countywide goal would you like to see addressed in this kind of endeavor?
- c. What kind of challenges have you encountered in working on joint efforts in the past, and what suggestions would you have for sidestepping those challenges.
- d. What would make it worth your time to continue your on-going involvement in this kind of endeavor?

FYI

Examples of other targeted needs assessments that could interface with the more comprehensive County Health Needs Assessments

- Report on Lake County ACE Survey (results included in comprehensive needs assessment)
- LCTHC Needs Assessment as part of HRSA Home Visiting Project (coming in 2010-2011)
- CWS Needs Assessment
- MCAH
- Transportation Needs Assessment
- Health District Needs Assessment
- Child Care Report Card or Head Start Community Assessment

Examples of Developmental and Health Screening Tools Being Applied

- Ages and Stages Questionnaire – developmental screening tool for children age 3 months-60 months (and ASQ:SE)
- Modified Checklist for Autism in Toddlers (MCAT) – screening for autism best conducted in health care setting, around age 2 years old
- DRDP 2010 – most recent version of Desired Results Developmental Profile for infants/toddlers, preschool and school-age children on social emotional, cognitive, language, literacy and physical development
- Body Mass Index (BMI) height and weight calculation
- ACE 10-question survey in some entities
- AAPI used in Nurturing Parenting Program
- School Behaviors
- 4P's Plus – substance abuse and tobacco use questionnaire
- Other addiction or substance use screening tools