

HEALTH LEADERSHIP NETWORK
HLN MEETING
THURSDAY, JANUARY 20, 2011

In attendance: Tom Jordan, First 5 Lake; Tammy Alakszay, Lake County Office of Education/Americorps; Lou Denny, Lake County Community Action Agency; Marta Fuller, Lake County Public Health Department; Lorna Sides, WIC; Susan Jen and Jackie Armstrong, Health Leadership Network.

TCE GRANT. Susan reported that she submitted her final TCE Obesity Prevention grant report in December documenting achievement of project objectives. The report also included a plan to use a small balance to continue HLN meetings/activities through April and host a CATCH preschool training that would be provided at no cost by the Network for a Healthy California with HLN paying for the curriculum. After School programs and school staff representing each school district were previously trained and provided with curriculum and equipment during the grant term. Susan added that Lower Lake High School continues to seek grant funding to maximize a wellness center that will include a clinic with one or two exam rooms, oral health services, SAFE Schools counseling, recreation programs, and nutrition education in the form of cooking classes and cook-offs.

CDFA UPDATE. Susan said that HLN continues to work on promoting consumption of locally produced foods toward achieving a grant goal of adding 20 acres to the County's total specialty crop production. Farm to School programs are growing with both Kelseyville and Konocti Unified School Districts each spending over \$10,000 so far this year on local produce. HLN is also planning to promote LakeCountyGrown.com this spring to formally launch the online ordering system. Lorna suggested that Cal Fresh EBT cards be added as a payment option.

Susan added that two schools participated in a December cook-off at Lower Lake High School in order to qualify their recipes for a national "Recipes for Healthy Kids" contest promoted by Michelle Obama. Winners get to travel to Washington, D.C. and cook with White House chefs.

1772 FOUNDATION. Susan said that she will be working with Kelseyville Unified's Food Service Director to submit a letter of intent to the 1772 Foundation for a grant to repair the high school greenhouse roofs, hire a coordinator to support youth farm education and farm to cafeteria programs, and produce an educational video. Marta suggested workforce development funds might be available for also collaborating with the proposed culinary arts programs in Lucerne.

There was also discussion about the possibility of using \$3,000 of First 5 Lake obesity prevention funds to add a session about postpartum depression and lactation benefits to a planned WIC workshop.

LOCAL FOOD ROUNDTABLE. Susan said that the Local Food Roundtable is continuing discussions about local food processing opportunities using Mt. Konocti Growers as the best example of the County's existing assets that include pasteurization and bottling equipment as well as large cold storage facilities. Lorna suggested looking into milling acorn flour and harvesting tule shoots.

HEALTH POLICY CABINET. Susan reported that the Health Policy Cabinet is focusing on the four priorities identified in the Countywide Health Needs Assessment: disease prevention, substance abuse, mental health (prevention), and senior support services. She said that the Cabinet has identified reducing the number of smokers as the best way to improve the County's health profile, adding that people often don't see the habit as harmful because it's so common.

The meeting was adjourned at 1:30 p.m.